



Welcome to Iron Spikes Volleyball Club at the Southern Utah Sports Academy in Cedar City, Utah. Our club is expanding each year as volleyball continues to peak the interest of our local youth, ages 11-18.

## **TEAMS**

Iron Spikes currently has 6 middle school teams and 2 high school teams. We hold tryouts each year to place our athletes into an advanced or intermediate level team, depending on their skill level.

Our advanced teams are looking to push our players to the next level. These players are confident in all areas of volleyball and rotations. They can serve over hand, pass to

target, run multiple offenses, are confident in several positions, and compete at the highest level for club ball. Coaches will work on fundamentals at practice, but their main focus is on strategy.

Our intermediate teams are for those players with a basic understanding of the game and fundamentals. These players can preferably serve overhand and pass to target. Coaches will encourage all players to “pass, set, hit” and not simply send the ball back over the net. We are committed to laying a strong foundation so that the athletes can quickly advance to higher levels of play.

\*Iron Spikes offers several clinics throughout the year for beginners to get them ready for club tryouts in the 6th grade. These clinics are for youth ages 8 years and up. Check our website often for more information.

## **COACHES**

We strive to provide the best coaching staff in Southern Utah! All our coaches have collegiate experience and years of coaching behind them. We love the game of volleyball and are dedicated to sharing that “love of the game” with our athletes. Volleyball is meant to be fun! Coaches will require dedication and hard work at all practices and games, but will also help the athletes to develop their own love and passion for the game.

Meet our 2022 coaching staff!

[Natalie Andrews- 6th Grade A](#)

[Aleiya Cintron- 6th Grade B](#)

[Tim Eyre- 7th Grade A](#)

[Sadae Cintron- 7th Grade B](#)

[Misty Potter- 8th Grade A](#)

[Brooke Burgon- 8th Grade B](#)

[Kevin Nelson- High School \(A\)](#)

[Tanner Franklin- High School \(B\)](#)

## **TRYOUTS**

Tryouts are held in December each year. There is a \$20.00 tryout fee to cover the cost of our gym rental and evaluators. Players are placed based on their skill levels within each age group, although some more experienced players may be allowed to play in an older age division.

### 6th grade tryouts

Wednesday, December 1, 2021 from 3:30-5:00pm

### 7th grade tryouts

Wednesday, December 1, 2021 from 5:00-6:30pm

### 8th grade tryouts

Thursday, December 2, 2021 from 3:30-5:00pm

### 9-11th grade tryouts

Monday, December 6, 2021 from 7:30-9:00pm

## **SEASON**

Our season follows the club volleyball schedule and starts January 3, 2022 and continues through April 28, 2022. Our teams practice twice a week, with a guarantee of 4 tournaments.

\*SUSA follows the Iron County School District holiday schedule. If there is no school, there is no practice.

## **TOURNAMENTS**

As club volleyball gains more popularity in Southern Utah we are able to find great competition for tournaments close to home. We travel to Hurricane and St. George for the majority of our tournaments. It is always fun to head up north to the Salt Lake area at least once a season, as well. All tournaments are played on Fridays and/or Saturdays. We do not play on Sundays.

## **CLUB FEES**

### 2022 Club Fees:

Payments can be made as a one time payment (paid in full) or 4 installments- \$300 before the season begins and the remaining balance divided into 3 payments on February 1, March 1, and April 1.

#### Middle school payment schedule:

Before season begins- \$300

February 1- \$154

March 1- \$153

April 1- \$153

**Total: \$760**

#### High School payment schedule

Before season begins- \$300

February 1- \$192

March 1- \$192

April 1- \$191

**Total: \$875**

All payments can be sent to Southern Utah Sports Academy by:

- Check- made out to Southern Utah Sports Academy
- Venmo- @Susahoops
- Cash- Deliver to locked box at SUSAA

#### **What is included:**

- Practice facility rental fees
  - Middle School Divisions: practice an hour and a half, twice a week
  - High School Divisions: practice two hours, twice a week
- (4) 1-2 day tournament fees
- Coaches pay and travel expenses
- 2 jerseys
- Practice equipment

#### **What is not included:**

- AAU membership-\$14 (If an AAU membership was purchased for another team you may transfer the athlete's membership without paying again. You just need to update the club code. Membership is good from September 1st- August 31st.)
- Tournament food and accommodation for players and parents
- Possible gate fees for spectators